

## **ABSTRACT**

**Muhammad Rizki Romadhon (2022).** *The Influence of work environment and work stress on employees' performance at PT. Multi Media Selular Baturaja. Under the guidance of Ali Akbar, S.E., M.Si and, Tati Herlina, S.E., M.Si. This study aimed to determine the Influence of work environment and work stress on employees' performance at PT. Multi Media Selular Baturaja.*

*The data analysis technique used was Multiple Linear Regression. Based on the results of the partial analysis there was a significant influence of the work environment on employees' performance at PT. Multi Media Selular Baturaja with a t value of 3,413. Work stress variable had a significant influence on employees' performance at PT. Multi Media Selular Baturaja with a t value of 5,108. Simultaneously, it was found that there was an influence of work environment and work stress on employees' performance at PT. Multi Media Selular Baturaja with a calculated F value of 58,675. The coefficient of determination (R<sup>2</sup>) obtained was 0.741. This showed that the contribution of the influence of the work environment and work stress on employees' performance was 74.1% while the remaining 25.9% was influenced by other variables not mentioned in this study such as intellectual ability, work discipline, job satisfaction, and employees' motivation (Busro 2019: 95) .*

**Keywords:** *Work Environment, Work Stress, Employees' Performance*

## **ABSTRAK**

**Muhammad Rizki Romadhon (2022).** Pengaruh lingkungan kerja dan stress kerja terhadap kinerja karyawan pada PT. Multi Media Selular Baturaja. Dibimbing oleh Bapak Ali Akbar, S.E.,M.Si selaku pembimbing I dan, ibu Tati Herlina, S.E.,M.Si selaku pembimbing II. Penelitian ini bertujuan untuk mengetahui pengaruh lingkungan kerja dan stres kerja terhadap kinerja karyawan pada PT. Multi Media Selular Baturaja.

Teknik analisis data yang digunakan adalah Regresi Linier Berganda. Berdasarkan hasil analisis secara parsial ada pengaruh signifikan lingkungan kerja terhadap kinerja karyawan pada PT. Multi Media Selular Baturaja dengan nilai t hitung sebesar 3.413. Variabel stres kerja berpengaruh signifikan terhadap kinerja karyawan pada PT. Multi Media Selular Baturaja dengan nilai t hitung sebesar 5.108. Secara simultan didapatkan ada pengaruh lingkungan kerja dan stres kerja terhadap kinerja karyawan pada PT. Multi Media Selular Baturaja dengan nilai F hitung sebesar 58.675. Koefisien determinasi ( $R^2$ ) yang diperoleh sebesar 0.741. Hal ini menunjukkan berarti sumbangan pengaruh lingkungan kerja dan stres kerja terhadap kinerja karyawan sebesar 74.1% sedangkan sisanya 25.9% dipengaruhi oleh variabel lain yang tidak disebutkan dalam penelitian ini seperti kemampuan intelektualitas, disiplin kerja, kepuasan kerja, dan motivasi karyawan (Busro 2019 : 95).

**Kata Kunci: Lingkungan Kerja, Stres Kerja, Kinerja Karyawan**